

Humility

Learn from the Lord Jesus' Humility.

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Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest

unto your souls. (Matthew 11:29)

Know Yourself

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We won't see our sins and shortcoming except when we're close to the light and knowledge of God. Everything we have is from God, our intelligence, strength, any of our attributes are from God.

Learn to take criticism, constructive or destructive. Learn to take humiliation without feeling sorry for yourself Don't be prideful because of your spiritual gifts.

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Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning. (James 1:17)

Try to lead a simple life. Stay away from overly expensive life style. Serve others. As much as it is possible help out in the things that others stay away from.

Be submissive in spiritual matters (within the confines of the Bible) to our father of confession, our spiritual leaders and the elderly through love and humility

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Then Peter and the other apostles answered and said, We ought to obey God rather than men. (Acts 5:29) Apologize to those whom we offended promptly.

Don't say things or do things in front of people to obtain praise.

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That thine alms may be in secret: and thy Father which seeth in secret himself shall reward thee openly. (Matthew 6:4) If people praise you be quick to attribute all good things to God.

Don't pretend to do good deeds in front of people to get praise. Don't justify yourself from your mistakes and seek excuses. Put everyone ahead of yourself. Don't love preeminence in a group.

If you're in a group don't always be the first to speak out, and long as if you know better than everyone else. Live the life of repentance.

Bear hardship in patience increases your humility

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It is good that a man should both hope and quietly wait for the salvation of the LORD.

(Lamentations 3:26) It is good for a man that he bear the yoke in his youth. (Lamentations 3:27)

Stay away from the love of owning things, no matter what it is.

Do we know what humility is?

there is real and fake humility...what is fake humility? what would a drawing of 'humility' look like? a whimpy little, weak guy? someone who thinks bad of himself? or says, i'm the worst, i'm bad...is that humility?

who was the most humble person ever? Jesus. and did He ever appear weak, whimpy? insecure? no that is fake humility...humility is boldness, self confidence, high self esteem, security, not insecurity. what is the opposite of humility? arrogance, pride. at the root of their pride, is insecurity. people who brag and show off is because they are insecure. so if pride and insecurity go together, then insecurity cannot go with humility.

like Jesus. He knew He was God, and the King, and what did He do?

Jesus showed humility when He washed the disciples feet. it takes great strength and is not easy.

1 Peter 5:5

humility is the solution to any spiritual, relational, problems. how? Be clothed with Humility, for God resists the proud but gives GRACE to the humble.

what is grace? grace is the power of God. it is given to those who know what true humility is and attains it. is there anything or any problem that the power of God or grace of God could not solve? i don't think so... that power and grace goes to the humble!

"be clothed with humility". it does not say, pray that God would make you humble, says put it on. Collosians 3:12...put on humility! u chose to put a hat on, or shoes on. u don't wait for it to come upon. u must go and get it. it's like putting on clothes, u don't wait for them to fall onto u, u go find them and put them on. it's something that needs to be put on daily, just like anything else u put on. so in the same way, go put on humility. decide to be kind to people, decide to put God first, decide to put yourself and your will after Him. if you put something on today, does it stay on you forever? no, you need to put it on every day. same thing with humility. a daily, conscious decision!

Philippians 2:5-8

it is not a feeling, it is a mindset

it is not just feeling that everyone is better than u. it's not thinking you are the worst...this is not humility.

What happened when the disciples asked Jesus, what does it take to be the best? They asked Him who is the greatest in the kingdom of heaven. (Matthew 18:1-4). Jesus told them, humble yourself as this child (weak, helpless, worthless)...and you will be great. it seems backwards??

Jesus used children as an example of humility? why?

they think that their parents are like superman...they think they are able to do everything, without doubt,

so Jesus is telling us to live like that, knowing that our father, God, is superman, and greater.

true humility starts with that attitude, to cry to God, as a child does to their parent, when they are in need, or in pain.

when we see GOd as so big, and increase HIm, we naturally feel smaller!!

Humility is to accept that GOd is everything, and I am nothing

John 3:30...John the Baptist - He must increase, I must decrease

what to do to live this way.

what if we decrease, and focus on that part alone, and forget the first part? that is depression, low self esteem.

1) practice SITTING AT HIS FEET. When u come close to him, u see how great and big

He is. from far away, anything big will look small. come closer, and u'll see how big it is. same with God. spend more time focussing on how big God is.

2) practice SURRENDERING YOUR LIFE. we usually make plans in life and then ask God to bless. after we've decided what we want to do. kind of like a consultant. and ask God for advice or blessing. that isn't the right or humble way, that is a very proud way. James 4:6-7. God resists the proud but gives grace to the humble, therefore submit to God. ask God, what He wants from u, what He wants u to do. that is the humble way to live. God resists the proud. imagine, God resisting u, against your plans. God does not like people to play His role. what happens when u submit your plans to the lord? James 4:10 - humble yourself before the Lord and He will lift you up. Put yourself down and GOd up, and He will bring you up.

Think of the humility of St. Mary.

that is true and utmost surrender. she humbled herself, she gave up her will freely and without regret or discussion. and how did God lift her up? u know...

the second half of the verse (), i must decrease.

If you try to decrease and then increase God, you're doing it backwards, like depression.

after you make God everything, you will feel small naturally.

how to practice though? no one likes to practice, it's hard at first, but gets easier and you'll get better at it!

1) practice LEARNING FROM OTHERS - be a teachable person. listen to advice and criticism from other people. Proverbs 12:1 humility is not for weak people, it takes a strong person to accept criticism

2) practice ADMITTING WHEN I'M WRONG - apologizing. this is surprisingly hard. anyone who has apologized to someone will know how humbling it is!

3) practice ESTEEMING OTHERS BETTER THAN MYSELF - Philippians 2:1-4...think about at home even...this one is also hard!!

4) it is not putting yourself down!!! it's not about u being worthless or bad or anything like that! you have Jesus in u, and Jesus didn't die for a worthless person!! so that is not humility!

Humility is NOT thinking LESS of YOURSELF. but thinking of YOURSELF, LESS. be others centered, or God centered, as opposed to me centered, or self centered.

which mind set do you have??

GOD centered, OTHERS centered, or SELF centered. God centered, should be FIRST. when you do that, God will tell you, love others...you cannot do one without the other. the self centered approach is bad!

you have to CHOOSE to PUT ON humility! it's your decision! choose the mindset to live by! God, others or you centered??